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# An Overview of the ACT Model and its Application to Anorexia Nervosa

Join us at our October Quarterly Education Event and learn about Acceptance and Commitment Therapy (ACT) with Rhonda Merwin, PhD. Dr. Merwin will provide an overview of the ACT model including its philosophical and theoretical underpinnings, 6 core therapeutic processes and its application to Anorexia Nervosa.

Dr. Merwin is a clinical psychologist and eating disorders specialist at Duke University Medical Center.



**REGISTER TODAY!** [https://act\\_an.eventbrite.com](https://act_an.eventbrite.com)

**Friday, October 14, 2016 ♦ 10:15 AM – 12:00 PM**

**CAI ♦ 505 8<sup>th</sup> Avenue, 20<sup>th</sup> Floor (Yellow Room) ♦ New York, NY 10018  
Between W. 35<sup>th</sup> and W. 36<sup>th</sup> Streets**

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